Trination Buddhist Motorcycle Expedition
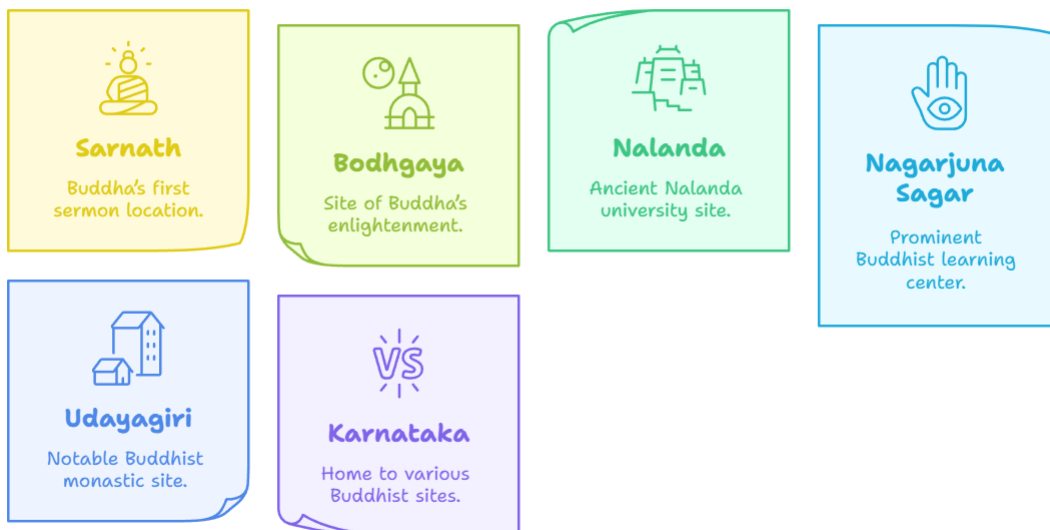
The **Heartfulness Lord Buddha Trination Tri-Services Motorcycle Expedition** started in **February 2025** in **Lumbini** (birthplace of Lord Buddha), Nepal.

- It is a historic initiative uniting **Nepal, India, and Sri Lanka** through their shared Buddhist heritage.
- **Key Indian Buddhist landmarks** on the route include:

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Key Indian Buddhist Landmarks

Sarnath
Buddha's first sermon location.

Bodhgaya
Site of Buddha's enlightenment.

Nalanda
Ancient Nalanda university site.

Nagarjuna Sagar
Prominent Buddhist learning center.

Udayagiri
Notable Buddhist monastic site.

Karnataka
Home to various Buddhist sites.

- The expedition is organized with the **International Buddhist Confederation (IBC)**, **Land Port Authority of India** (Ministry of Home Affairs) and **Nalanda University, Rajgir**.
- Key Buddhist sites in Sri Lanka include **Anuradhapura, Polonnaruwa, Dambulla** etc.

BUDDHISM

Drishti IAS

ORIGIN

- **6th century BC**, based on the teachings of Gautam Buddha

MAIN FEATURES

- **Essence** - Attainment of enlightenment (Nibbana)
- **Supreme Deity** - None

PRINCIPLES

- Avoid the extremes; follow Madhyam Marg (middle path)
- Individualistic component (everyone is responsible for their own happiness)
- 4 Noble Truths:
  - Dukkha (suffering)
  - Samudya (cause of suffering)
  - Nirodha (suffering could be ended)
  - Atthanga Magga (8-fold path to achieve this)
- 8-Fold Path:
  - Right - view, intention, speech, action, livelihood, mindfulness, effort and concentration

BUDDHISM REJECTS

- Authenticity of Vedas
- Concept of soul (atman) (unlike Jainism)

MAJOR BUDDHIST TEXTS

- **Sutta Pitaka** (main teachings of Buddha - Dhamma)
- **Vinaya Pitaka** (rules of conduct for monks/nuns)
- **Abhidhamma Pitaka** (philosophical analysis)
- Other imp texts - **Divyavadana, Dipavamsa, Mahavamsa, Milind Panha**

Budhha's teachings were rehearsed, authenticated & divided in 3 Pitakas at the 1st Buddhist Council

These teachings were written down c. 25 BC in Pali

4 BUDDHIST COUNCILS

Buddhist Council	Patron	Venue	Chairman	Year
First	Ajatashatru	Rajgriha	Mahakashyapa	483 BC
Second	Kalashoka	Vaishali	Sabbakami	383 BC
Third	Ashoka	Patliputra	Mogaliputra	250 BC
Fourth	Kanishka	Kundalban (Kashmir)	Vasumitra	72 AD

Read More: Buddhism in India