



Bihar Government Revamps Mid-Day Meal Menu

Why in News?

The **Government of Bihar** has announced significant changes to the [mid-day meal \(PM Poshan Shakti Nirman or PM Poshan\)](#) menu across all government schools in the state, aiming to enhance the **nutritional value** and **variety of meals provided to students**.

Key Points

- Changes to the meal are designed to ensure that children receive **balanced and wholesome nutrition**, thereby promoting **better health** and **learning outcomes**.
- This updated menu emphasizes the **inclusion of protein-rich foods** like **soybeans** and **lentils**, as well as a variety of **seasonal vegetables**, to ensure a **balanced diet** for the students.
- The **mid-day meal scheme** is a pivotal initiative by the government to provide nutritious meals to schoolchildren, thereby encouraging **higher attendance rates** and supporting the **overall development of students**.
- These changes are set to be **implemented across all government schools** in Bihar, reflecting the state's dedication to fostering a **healthier and more conducive learning** environment for its children.

Mid Day Meal Scheme (MDMS)

- **About:**
 - It is the largest school feeding programme of its kind in the world, covering **students enrolled in government schools from Classes 1 to 8**.
 - The **basic objective** of this scheme is to **enhance enrolment** in schools.
- **Nodal Ministry:** Ministry of Education
- **Background:** The programme was first introduced in **1925** for disadvantaged children in **Madras Municipal Corporation**.
 - The Union government launched as a [centrally sponsored scheme](#) on a pilot basis in **1995** for children in **Classes 1 to 5**, and by October 2007, **MDMS** had been scaled up to **Class 8**.