



Baltic States Disconnected from Russian Grid

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The **Baltic Nations (Estonia, Latvia, and Lithuania)** have officially disconnected from **Russia's Soviet-era electricity grid** and integrated into the EU's power network through connections with Finland, Sweden, and Poland.

- **Europe's Energy Dependence on Russia:**
 - The **Baltic States** inherited a **Soviet-era power grid** and remained in **Russia's network** even after **1991 independence**.
 - By **2025**, they achieved **full electricity independence** from **Russia and Belarus**.
 - Europe's reliance on Russian energy has **declined significantly**. **Before the 2022 Russia-Ukraine War**, it sourced **40% of gas, 30% of oil, and 50% of coal** from Russia. **By 2023**, gas imports fell to **14.8%**.

Baltic States:

- The **Baltic states** are located in **northeastern Europe**, bordered by the **Baltic Sea** (west & north), **Russia** (east), **Belarus** (southeast), and **Poland & Russia (Kaliningrad)**(southwest).
- They gained **independence from the USSR in 1991**.
- They **lack natural resources**, relying on **imports** despite Estonia's **oil shale** production. **Agriculture** remains vital, with **grains, potatoes, fodder crops, and livestock farming**.
- All 3 countries are members of **NATO** (since 2004), the **EU**, the **Eurozone**, and the **OECD**.

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Read More: [Baltic Nations - Drishti IAS](#)

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