



Chhattisgarh Athletes Excel at 38th National Games

Why in News?

Chhattisgarh athletes are making a remarkable impact at the [38th National Games](#) in **Uttarakhand**, which are ongoing until **14th February, 2025**.

- The state has secured an impressive total of **four gold and three bronze medals**, showcasing its growing prowess in multiple sports disciplines.

Key Points

▪ Highlights of the Achievement:

◦ Weightlifting Success:

- **Vijay Kumar** made history in the men's 55kg category, securing Chhattisgarh's **first men's weightlifting gold in a decade**.
- **Gyaneshwari Yadav** continued her dominance in women's weightlifting, winning her second consecutive gold in the **49 kg category**.
 - She also won gold at the [37th National Games](#) in **Goa**.

◦ Kalaripayattu: It is a **martial art** based on the ancient knowledge of the human body. It originated in **Kerala** during the **3rd century BC** to the **2nd century AD**.

- **Vivek Singh won the gold medal**, while Risha Nain and Anita secured bronze medals.

▪ Other Achievements:

- The **Chhattisgarh women's beach handball team** continued their winning streak, defeating **Assam** in straight sets to grab their **second consecutive bronze** at the **National Games**.
- The **Men's Badminton Team** reached semifinals with a **5-0 sweep** against Arunachal Pradesh.
- **Bhumi Gupta secured fifth place** in the women's 100m butterfly final, delivering a commendable performance amid tough competition.

National Games 2025

- The **38th National Games**, is India's own **multi-sport event** inspired by the [Olympics](#), will see athletes from 28 states, 8 Union Territories and the Services Sports Control Board (SSCB) compete for medals in 32 different sports.
- The 2025 National Games kicked off with the triathlon events on 26th January.
- The overall winner of the National Games is **awarded the Raja Bhalindra Singh Trophy for each edition**.

