



# World Suicide Prevention Day

[Source: WHO](#)

**World Suicide Prevention Day (WSPD)** is observed annually on **10<sup>th</sup> September** to increase global awareness that **suicide is preventable** and to **encourage open conversations about mental health**.

- Suicide is a significant **public health crisis, with over 700,000 deaths** worldwide each year. It is also the third leading cause of death among 15-29-year-olds globally. This day serves as a platform to **raise awareness, reduce stigma, and emphasize that suicide prevention is possible**.
  - The **triennial theme** for [World Suicide Prevention Day from 2024 to 2026](#) is "**Changing the Narrative on Suicide**" which urges **open discussions about suicide** and mental health, replacing stigma with understanding and support.
  - The first WSPD was launched in **Stockholm** on 10<sup>th</sup> September 2003, as an initiative by the **International Association for Suicide Prevention (IASP)** and the [World Health Organization \(WHO\)](#).
- **Government Initiatives Related to Suicide Prevention:**
  - [Mental Healthcare Act \(MHA\), 2017](#)
  - [KIRAN Helpline](#)
  - [Manodarpan Initiative](#)
  - [National Suicide Prevention Strategy 2022](#)

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