

Karnataka Allows Right to Die with Dignity

Source: IE

Karnataka allowed the setting up **medical boards** in hospitals to facilitate **requests for dignified** deaths.

- It has been done as per Supreme Court verdict in the <u>Common Cause vs. Union of India</u> <u>Case, 2018</u> that upheld legal validity of <u>passive euthanasia</u>.
 - Passive euthanasia involves withholding or stopping life-sustaining treatments, letting a person die naturally from their condition.
- The **Supreme Court's 2023 order affirms** the right to die with dignity under **Article 21** and eases norms for passive euthanasia.
- Supreme Court Guidelines 2023:
 - Withdrawal of WLST: Primary and Secondary Medical Boards to review requests for Withdrawal of Life-Sustaining Therapy (WLST) based on living wills.
 - Living Will: Living will (Advance Medical Directive) allows patients to document their treatment wishes, ensuring dignity in end-of-life decisions.
 - Approval: Procedure requires approval from the treating doctor, two medical boards (three practitioners each), and the District Health Officer's nominated practitioner.
 - Consent: Medical boards' decisions require consent from the next of kin and approval from the <u>Judicial Magistrate</u> of the First Class (JMFC).
 - Advanced Medical Directive (AMD): AMD mandates appointing at least two individuals for healthcare decisions if the patient loses capacity.
 - AMD can be executed by adults of sound mind, filed digitally or on paper, and maintained in health records.

IN THE SUPREME COURT

2011: Aruna Shanbaug v. Union of India recognised that life-sustaining treatment could legally be withheld/ withdrawn even from persons without

decision-making capacity.

2018: Common Cause v. Union of India recognised the right to die with dignity as a fundamental right under Article 21 of the Constitution

of India, and legalised the use of advance medical directives or 'living wills'.

2023: Common Cause v.
Union of India simplified
the process for making
living wills and
withholding/
withdrawing lifesustaining treatment
by removing bureaucratic hurdles.

The Vision

Read More: SC Eases Norms for Passive Euthanasia

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