



## Nelson Mandela Award for Health Promotion

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Recently, the **National Institute of Mental Health and Neuro Sciences (NIMHANS)**, Bengaluru, has been conferred the prestigious **Nelson Mandela Award for Health Promotion** by the [World Health Organization \(WHO\)](#) for the year 2024.

- It showcases the country's commitment **to addressing mental health challenges** and ensuring accessible **mental health services for all**.
- India has made significant progress in mental health with the establishment of a tele-mental health helpline ([Tele MANAS](#)) and **Mental Health Units** in almost all districts through the [National Health Mission](#).

### NIMHANS:

- It is a **multi-disciplinary institute** focused on both **mental health** and **neuroscience** through **clinical care, education** (undergraduate, postgraduate, PhD programs), and **research**.
- Established in **1974**
- Declared Deemed University in 1994.
- It governed by the act of **Parliament titled NIMHANS Act, 2012**.
- Declared **Institute of National Importance** in 2012.

### WHO Nelson Mandela Award for Health Promotion:

- **Established: 2019**, upon the initiative of African Region Health Ministers.
- **Awarded to:** Individuals, institutions, or NGOs that make significant contributions to health promotion.

Read more: [Nelson Mandela - The Harbinger Of Equality In South Africa](#), [Nelson Mandela's Influence on the United Nations and International Diplomacy](#)

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