



Haryana's Preeti Lamba gets Asian Games Ticket

Why In News?

On September 11, 2023, on the second and last day of the Indian Grand Prix-5 being held at the Sports Complex in Sector-7, Chandigarh, Haryana, athletes from across the country performed brilliantly and won various competitions, in which the state's runner Preeti Lamba won the Asian Qualified for the Games.

Key Points:

- Sports experts said that the performance here will greatly help the players in winning medals in the Asian Games to be held in China this month.
- It is known that more than 300 top ranking players from across the country have participated in the two-day Indian Grand Prix-5.
- **Here are the winners:**
 - **10,000 m (about 6.21 mi) walk race (women):** Bandana Patel of Uttar Pradesh was first with 52.53.98 minutes, Monika of Haryana was second with 57.36.87 minutes and Pinki of Haryana was third with 58.56.75 minutes.
 - **400m Hurdle Race (Women's Category):** R Vithya Ramraj of Tamil Nadu stood first with a timing of 55.43 seconds, Sinchal of Karnataka stood second with a timing of 58.46 seconds and Ramandeep Kaur of Punjab stood third with a timing of 1.01.02 seconds.
 - **3000-meter race (women's category):** Haryana's Preeti Lamba was the winner and qualified for the Asian Games. Kalaben of Gujarat stood second.
 - **Triple Jump (Women's Category):** Sharwari of Maharashtra stood first, Niharika of Punjab stood second and Kajal of Haryana stood third.
 - **Hammer Throw (Women's Category):** Tanya Chaudhary of Uttar Pradesh stood first, KM Rachna of Uttar Pradesh stood second and Fatima of Uttar Pradesh stood third.



PRITI LAMBA



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