

Special HMPV ICU Ward Set Up in Jammu

Why in News?

Recently, **the Jammu and Kashmir health department** has established a **specialized ICU ward** in Jammu to address concerns about a potential outbreak of <u>Human Metapneumovirus (HMPV) cases</u> detected in the country.

Key Points

- Preparedness for Potential Outbreak:
 - The ward is centrally heated, equipped with eight ventilator-supported beds, and provides a 24x7 oxygen supply.
 - Doctors have reassured the public that HMPV is not a new <u>pathogen</u> and is not causing a widespread outbreak.
 - Describing it as a **mild upper respiratory disease**, Doctors highlighted that only six cases have been detected in the country so far, and there is no cause for panic.

Enhanced Readiness Measures:

- The administration has held meetings to review the situation and ensure sufficient facilities are in place.
- The Gandhinagar government hospital's fully operational oxygen plant, with a capacity of 22,000 liters per minute, supports preparedness.
 - In addition to the ICU ward, the hospital offers 100 oxygen-supported beds, sufficient concentrators, and various types of oxygen cylinders.

Human Metapneumovirus (HMPV)

- **Discovery:** It was **discovered in 2001** by researchers in **the Netherlands**. It causes acute respiratory infections, similar to **flu and <u>Covid-19</u>**.
- Presence: It is not limited to China and is found all over the world. It is clubbed as a <u>common</u> respiratory pathogen. It does not have a vaccine.
- Symptoms: Cough, fever, sore throat, runny nose, and wheezing, which typically resolve within 2-5 days.
- Vulnerable Groups: Children, the elderly, and those with weakened immune systems are most at risk of complications like pneumonia.
- Transmission: HMPV spreads through close contact or by touching contaminated surfaces.
- Seasonality: It commonly circulates during winter and spring, along with other respiratory infections like <u>Respiratory Syncytial Virus (RSV)</u> and <u>influenza.</u>
 - HMPV belongs to the Pneumoviridae family, which includes RSV, measles, and mumps viruses.
- Severity: While most HMPV cases are mild, a small percentage (5-16%) may develop into severe conditions like bronchiolitis or pneumonia.



