Human Rights Day

Source: IE

Human Rights Day, observed every year on **10th December** highlights the importance of human rights as a foundation for justice, peace, and equality.

- **2024 Theme: "*Our Rights, Our Future, Right Now*"** emphasizes the relevance of human rights in shaping a peaceful and sustainable future.
- **Historical Significance:** Human Rights Day was established in 1950 to commemorate the **Universal Declaration of Human Rights (UDHR)**, adopted by the United Nations on **10th December**, 1948, which outlined **fundamental human rights for all.**
    - The **UN Human Rights Council,** established in 2006, promotes global human rights protection through its 47 member States(including India) and works on addressing violations and emergencies.
        - The Council's secretariat is the **Office of the High Commissioner for Human Rights (OHCHR),** based in Geneva, **Switzerland.**
- **Advocacy and Action:** The day calls for collective action to counter **hate speech, misinformation,** and **human rights abuses,** while promoting equality and non-discrimination.
- **Human Rights and India:** The Indian Constitution enshrines human rights through **Fundamental Rights (Part III)** and **Directive Principles of State Policy (Part IV)**.
    - The Preamble's commitment to **justice, liberty, equality, and fraternity reflects the spirit of the UDHR.**
    - The **National Human Rights Commission (NHRC),** established in 1993 under the **Protection of Human Rights Act (PHRA),** oversees human rights adherence in India.

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THE UNIVERSAL DECLARATION OF HUMAN RIGHTS

1 Equality

Everyone is born **free** and **equal** in **dignity** and with rights.

2 Freedom from Discrimination

You should never be discriminated against for any reason.

3 Life, Liberty and Security

Everyone has the right to life, liberty and personal security.

4 Freedom from Slavery

No-one shall be held in slavery or servitude.

5 Freedom from Torture

No-one shall be subjected to torture or to cruel or degrading treatment.

6 Recognition as Person Before Law

You have the right to be treated as a person in the eyes of the law.

7 Equality Before the Law

You have the right to be treated by the law in the same way as everyone else

8 Remedy by Tribunal

Your have the right to remedy by competent tribunal.

9 Freedom from arbitrary arrest

No-one shall be subject to arbitrary arrest, detention or exile.

10 Fair Public Hearing

You have the right to a fair public hearing.

11 Innocent until Proven Guilty

You have the right to be considered innocent until proven guilty.

12 Privacy

No-one has the right to interfere with your privacy, family, or home.

13 Freedom of Movement

You have the right to freedom of movement in and out of the country.

14 Asylum

You have the right to seek asylum in other countries from persecution.

15 Nationality

You have the right to a nationality.

16 Marriage and Family

You have the right to marriage and to raise a family.

17 Property

You have the right to own property.

18 Freedom of Belief

You have the right to freedom of belief and religion.

19 Freedom of Opinion

You have the right to freedom of opinion and expression.

20 Freedom of Assembly

You have the right to freedom of peaceful assembly and association.

21 Take Part in Government

You have the right to take part in the government of your country.

VOTE

22 Social Security

You have the right to social security.

23 Work

You have the right to desirable work and to join trade unions.

24 Rest and Leisure

You have the right to rest and leisure.

25 Adequate Living Standard

You have the right to a decent life, including food, clothing, housing, and medical care.

26 Education

You have the right to education

27 Participate in Cultural Life

You have the right to Participate in the Cultural Life of Community.

28 Social Order

You have the Right to a Social Order that Articulates this Document.

29 Mutual Responsibility

We all have a responsibility to the people around us and should protect their rights and freedoms.

30 Freedom from State or Personal Interference

There is nothing in this declaration that justifies any person or country taking away the rights to which we are all entitled.

HRE USA
Human Rights Educators USA
A national network dedicated to building a culture of human rights.
hreusa.org

HUMAN RIGHTS EDUCATION is a lifelong process of teaching and learning that helps individuals develop the knowledge, skills, and values to fully exercise and protect the human rights of themselves and others; to fulfill their responsibilities in the context of internationally agreed upon human rights principles; and to achieve justice and peace in the world. **HRE USA** strives to promote human dignity, justice, and peace by cultivating an expansive, vibrant base of support for Human Rights Education (HRE) in the United States.

Read more: [Universal Declaration of Human Rights]

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