

## Foraging Traditions of Soliga and Yerava Tribes

The <u>Soliga tribe in Karnataka</u>, part of the Cauvery Basin, practices <u>ancient honey</u> collection using traditional techniques with vines and bamboo ropes.

- They, along with the **Yeravas in the Western Ghats**, have lived in the region for thousands of years, relying significantly on honey from the Western Ghats in their diet.
- The book "Forgotten Trails: Foraging Wild Edibles" explores how foraged foods make up a substantial part of both tribes' diets, emphasizing the importance of preserving traditional foraging knowledge.
  - Foraging not only ensures survival but also strengthens community bonds, passing on essential skills to the younger generation and fostering unity and coexistence.

The Vision

Read more: Honey Mission and Sweet Revolution

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