

Manganese Contamination Causing Cancer

Source: DTE

A recent study links manganese (Mn) contamination in groundwater to rising cancer cases in Bihar's Gangetic plains. Elevated Mn levels were observed in blood samples (average: 199 μ g/L; highest: 6,022 μ g/L in a liver cancer patient) and household hand pump water.

- The study examined 1,146 cancer patients from Bihar, with <u>carcinoma</u> being most common (84.8%).
 - Household water samples were tested for manganese contamination using Atomic Absorption Spectrophotometer.

Manganese:

- It is the fifth-most abundant metal on Earth, exists naturally in oxides, carbonates, and silicates.
- It is vital in trace amounts for maintaining body <u>homeostasis</u>, but toxic in excess.
- WHO-recommended limit for manganese in drinking water is 400 μg/L.

Sources of Contamination:

 Major sources include geogenic deposits (from <u>sedimentary/igneous rocks</u>) and anthropogenic factors like <u>industrial pollution</u>. <u>Groundwater</u> is a primary medium of exposure.

Health Impact:

 Chronic exposure to high levels of manganese leads to toxicity, causing symptoms like weakness, clumsiness, emotional instability, impaired movement and cancer in advanced stages.

Regions Affected:

- India: Bihar's Gangetic plains, West Bengal (Murshidabad, 24 Parganas), Karnataka (Tumkur).
- Global: Reported in Nigeria, Bangladesh, China, Japan, and Greece.

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