### World Diabetes Day 2024

#### Source: PIB

Recently, <u>World Diabetes Day</u> was celebrated on **14th November** to raise awareness about diabetes, which affects millions globally. The **2024 theme**, "**Breaking Barriers, Bridging Gaps,**" highlights the need for inclusive healthcare and equitable access to diabetes management.

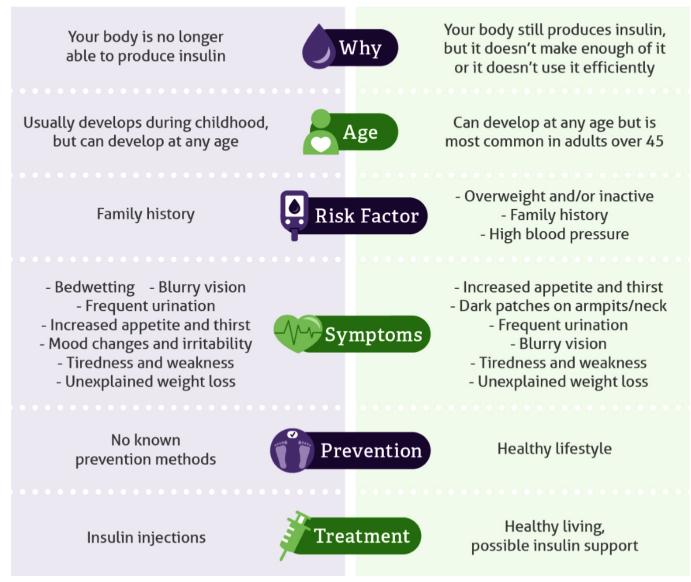
- Diabetes:
  - Diabetes is a <u>Non-communicable disease</u> (NCD) that occurs either when the pancreas does not produce enough insulin (a hormone that regulates blood sugar, or glucose), or when the body cannot effectively use the insulin it produces.
    - Uncontrolled diabetes can lead to severe health complications, including heart disease, kidney failure, and vision loss.
- Types: Type 1 diabetes and Type 2 diabetes
- Statistics:
  - India has approximately 212 million individuals with diabetes, and 133 million of them are untreated.
    - In India, only 28% of women and 29% of men with diabetes receive treatment.
    - The prevalence of diabetes in India has quadrupled since 1990, now affecting 11.4% of the population.
- Government Initiatives in India:
  - National Programme for Prevention and Control of Non-Communicable Diseases (NP-NCD)
  - 🔹 Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP)
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# Diabetes: Type 1 vs. Type 2

Diabetes is on the climb — but there is a difference between Type 1 and Type 2. Do you know it?

## Type 1 Diabetes

### **Type 2 Diabetes**



Read more: Government Programme for NCD Renamed

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