



# Bihar's Dharmendra Singh Broke 21 Bael from his Head in 1 minute, made his 7th World Record

## Why In News?

- On December 5, 2022, Dharmendra Singh of Bihar made a world record by breaking 21 unripe Bael from his head in 1 minute in the online competition organized by Netaji World Record Foundation.

## Key Points

- Players from 32 countries participated in this online competition organized by Netaji World Record Foundation. In this competition, the Chinese player at number two broke 17 Bael and the Pakistan player at number three broke 15 Bael.
- Dharmendra Singh, who has been awarded the title of Hammer Head Man of India, is a resident of Ramgarh in Kaimur district. He is currently a Tripura state rifles personnel.
- It is worth mentioning that Dharmendra Singh had already set 6 world records, which included competitions like breaking coconut from head, breaking unripe Bael, turning Saria from tooth, turning Saria from head, skipping, turning Saria from back side. Dharmendra Singh's name is also recorded in the Guinness Book.

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