



# Ketamine

**Source:** [Mint](#)

In a recent interview, Elon Musk revealed he uses a prescription for [ketamine](#) to manage what he described as a "**negative chemical state**" similar to depression.

- **Ketamine** is a medication primarily used for inducing **anaesthesia and sedation** in medical settings.
  - It belongs to a class of drugs called **dissociative anaesthetics**, which means it can cause a person to feel detached from reality and experience a sense of disconnection from their surroundings.
- While ketamine shows promise in treating depression, especially **treatment-resistant cases**, it is not a cure. It is typically used in conjunction with other therapies.
- Misuse of ketamine can lead to harmful effects such as **hallucinations, confusion, dissociation**, and in high doses, it can cause serious health complications or be life-threatening.

**Read more:** [Ketamine Drug](#)

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