

## **Aphantasia**

## Source: IE

- A study by the University of Glasgow explored aphantasia, a condition where individuals cannot visualise images in their mind.
- Aphantasia, first noted by Francis Galton in the 1880s; the term "aphantasia" was coined in 2015 by neurologist Adam Zeman.
  - It affects about **2% of the population**, with ongoing research needed to understand its causes and implications.

The Vision

• On the other end of the spectrum are individuals with **hyperphantasia**, who possess an exceptionally vivid imagination, often experiencing mental images as if they were real.

Read more...

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