



Health Department Guidelines For Managing Heat-Related Illness

Why in News?

Recently, the **Uttar Pradesh Health Department** has issued guidelines to all District Magistrates and Chief Medical Officers with the preparations for the **prevention and management of heat-related diseases** in the state during summer.

Key Points

- According to the [Indian Meteorological Department](#), most parts of the country are likely to experience higher temperatures than usual during this summer, especially the central and north-western parts of Uttar Pradesh.
 - Various institutions have anticipated **seasonal outbreaks of diseases** between March and May 2024.
 - There is a higher likelihood of [heatwaves](#) prevailing in the central and north-western regions of the country from March to May 2024.
- The Health Department will have inter-departmental coordination to organise an array of events to raise awareness about heat-related diseases as well as their prevention and management.
 - The department will make arrangements for **cool and clean drinking water** in crowded places and **provide shelters for heat protection**.
 - [Weather forecasts and temperatures](#) will be displayed on screens installed at crowded locations, while awareness **sessions will be held on protection from heat waves in schools**.
 - The Department will prioritise the **training and awareness of medical officers, paramedical staff, and frontline workers**, ensuring they are equipped with the skills to promptly identify and treat these diseases.
 - Sufficient availability of essential medications, **intravenous fluids, ice packs, oral rehydration salts**, and other necessary supplies will be ensured.
 - **Educational materials** will be distributed to **raise public awareness** about heat-related illnesses and how to prevent and manage them.

PDF Reference URL: <https://www.drishtiias.com/printpdf/health-department-guidelines-for-managing-heat-related-illness>