



INS Tabar in Maritime Partnership Exercise (MPX)

[Source: PIB](#)

Recently, the **Indian Naval Ship Tabar** conducted a **Maritime Partnership Exercise (MPX)** with the Spanish Navy ship **Atalaya** in the [Mediterranean Sea](#).

- The MPX with the Spanish navy reinforces bilateral naval ties and strengthens commitment to enhanced maritime cooperation.
- **About MPX:** The MPX involved a series of advanced exercises such as Station Keeping, Replenishment at Sea Approaches (RASAPs), Flying Exercise (FYEX), Steam Past and PHOTOEX serials.
- **INS Tabar:** The **stealth frigate is the third [Talwar-class ship](#)** built in Russia for the Indian navy, commissioned in April (2004), in **Kaliningrad**
 - It is capable of conducting **air, surface, and sub-surface missions**,
 - It can operate independently or as part of a larger naval task force.
 - It serves in the Indian navy's western fleet, based in Mumbai.
 - It is equipped with a range of weapons and sensors, including [supersonic BrahMos anti-ship cruise missiles](#), and [Barak-1 missiles](#).
 - It is the first Talwar-class frigate to carry BrahMos missiles.



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