



# Ayush Wellness Centres under National Ayush Mission

## Why in News

Recently, the Union Cabinet has approved the **inclusion of AYUSH [Health and Wellness Centres](#)** (AYUSH HWCs) in the **National AYUSH Mission (NAM)**.

- AYUSH HWC is a component of the [Ayushman Bharat](#).

## Background

- The **National Health Policy 2017** advocated for mainstreaming the potential of [AYUSH systems](#) (Ayurveda, Yoga & Naturopathy, Unani, Siddha, Sowa-rigpa and Homoeopathy) within a **pluralistic system of integrative healthcare**.
- In 2018, the Government of India decided that **1.5 lakh health & wellness Centres** would be created by transforming existing sub-health centres and primary health centres **to deliver comprehensive primary health care**.
- So, it was decided that the Ministry of AYUSH would operationalize 10% of the total sub-health centres as HWCs under Ayushman Bharat.

## Key Points

- **Cost and time:**
  - **Expenditure-** ₹3399.35 Crore (with a **ratio of almost 2:1 between the centre and the states** respectively)
  - **Time-** Within a period of **five years** from **2019-20 to 2023-24**.
- AYUSH HWCs operating under NAM will have the following **objectives**:
  - To **establish a holistic wellness model** based on AYUSH principles and practices focusing on preventive, promotive, curative, rehabilitative and palliative healthcare by integration with the existing public health care system.
  - To **provide informed choice** to the public in need, by making the AYUSH services available.
  - To spread **community awareness** about lifestyle, yoga, medicinal plants and provision of medicines for selected conditions as per strength of AYUSH systems.
- After consulting with the States/UTs, Ministry of Health and Family Welfare and other ministries involved, the **Ministry of AYUSH** has proposed **two models** for operationalization of AYUSH HWCs:
  - **Upgradation of existing AYUSH dispensaries.**
  - **Upgradation of existing Sub Health Centres (SHCs).**
- **Benefits:**
  - **Enhanced accessibility** to achieve universal health coverage for affordable treatment.
  - **Reduced burden** on secondary and tertiary health care facilities.
  - **Reduced out of pocket expenditure** due to self-care model.
  - **Integration** of AYUSH in implementation of [Sustainable Development Goal \(SDG\) 3](#)

- (Good Health and Well-being), as mandated by the [NITI Aayog](#).
- **Validated holistic wellness model in target areas.**

### **National Health Policy, 2017**

- It seeks to reach everyone in a comprehensive integrated way to move towards wellness.
- It aims at **achieving universal health coverage** and delivering quality health care services to all at affordable cost.

### **National AYUSH Mission**

- It was launched by the **Department of AYUSH** under the **Ministry of Health and Family Welfare**, during the **12<sup>th</sup> Plan for implementation** through States/UTs.
- **Objectives:**
  - To **promote** AYUSH medical systems through cost effective AYUSH services.
  - To **strengthen** the educational systems.
  - To **facilitate** the enforcement of quality control of Ayurveda, Siddha, Unani and Homoeopathy (ASU&H) drugs and sustainable availability of the raw-materials needed in them.
  - It envisages **flexibility of implementation** of the programmes which will lead to substantial participation of the State Governments/UT.
- **Elements** of the National AYUSH Mission:
  - **Obligatory** Components
    - AYUSH Educational Institutions.
    - AYUSH Services.
    - Medicinal Plants Quality Control of ASU&H Drugs.
  - **Flexible** Components
    - AYUSH Wellness Centres comprising Yoga and Naturopathy.
    - Tele-medicine.

[Source: PIB](#)

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