



Female Surgeon Major Payal Chhabra Became the Country's First Para Commando.

Why In News?

According to information received from the media on September 15, 2023, Payal Chhabra of Kalayat Nagar in Kaithal district of Haryana has achieved the distinction of becoming a commando by passing the trained para examination while being a doctor in the Armed Forces Medical Services.

Key Points:

- It is known that no female surgeon has been able to achieve this feat in the past.
- Presently Major Payal Chhabra is serving as a specialist surgeon in the Army Hospital of Union Territory Leh Ladakh, a remote area of the country.
- It is noteworthy that para commandos must undergo very difficult and complex training. Para commandos are trained in the Air Force Training School of Agra. For this it is important to have a good level of physical and mental fitness.
- It is known that Major Payal has also served as a surgeon in the Army Hospital located on Khardungla Motor Bypass, the second highest in the world. He got his first appointment as Captain on January 13, 2021, in Army Hospital, Ambala Cantt.
- After obtaining an MBBS, MS degree, she also remained a senior resident in the surgery department of Government Kalpana Chawla Medical College, Karnal.

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