

Chagas Disease

Source: WHO

Recently, the <u>World Health Organisation (WHO)</u> observed <u>World Chagas Disease Day</u> on 14th April 2024 to raise awareness about the little-known disease that affects millions of people, especially in Latin America.

- The theme for the year 2024 is " Tackling Chagas Disease: Detect Early and Care for Life".
- <u>Chagas disease</u> also known as "silent or silenced disease", is a communicable parasitic disease that infects 6-7 million people and claims around 12,000 lives every year worldwide, according to WHO.
 - It is caused by the protozoan parasite named Trypanosoma cruzi.
 - It can also be contracted through congenital transmission, blood transfusions, organ transplantation, consumption of uncooked food contaminated with faecal matter of infected bugs, or accidental laboratory exposure.
 - It cannot propagate by casual contact with infected humans or animals.
- The disease manifests as **fever**, **headaches**, **rashes**, **inflammatory nodules**, nausea or <u>diarrhoea</u>, and muscle or abdominal pain.
- There are currently no <u>vaccines</u> available for Chagas <u>disease</u>, <u>but antiparasitic medicines</u> **Benznidazole** and **Nifurtimox** can treat the disease.



The Global Fight Against CHAGAS DISEASE



Chagas disease is caused by the parasite *Trypanosoma cruzi* and is spread by infected triatomine bugs. It can cause **serious heart** and **gastrointestinal problems.**



The parasite that causes Chagas disease is found only in the Americas, where an estimated 7 million people are infected. In the United States, more than

300,000 people are living with the disease.2





Chagas disease causes approximately

10,000 deaths per year globally.

Up to 30% of infected people develop symptoms.







The Vision

Chagas disease can cause

strol

heart attack

sudden death



Women infected with *T. cruzi* can pass the disease to their unborn baby.



Chagas disease accounts for at least

\$627 million in global healthcare-related costs annually.

Global efforts to stop Chagas disease include:



Spraying insecticides to eliminate triatomine bugs where they live, in parts of Mexico, Central America, and South America.



Screening blood to prevent spreading the disease through blood transfusions. Widespread screening of the U.S. blood supply for *T. cruzi* began in 2007.



Improved screening of and treatment for Chagas disease, including identification of pregnant mothers with *T. cruzi* infection whose babies may be at risk.

Read More...

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