

# **Chapare Virus**

## Why in News

Researchers from the US Centers for Disease Control and Prevention (CDC) have recently discovered a rare **Ebola-like illness** that is believed to have first originated in **rural Bolivia** in 2004.

- The virus is named Chapare after the province in which it was first observed.
- Chapare, is a rural province in the northern region of central Bolivia.

# **Key Points**

- About:
  - Chapare Virus belongs to the same Arenavirus family that is responsible for illnesses such as the <u>Ebola virus disease (EVD)</u>. It causes Chapare Hemorrhagic Fever (CHHF).
- Vector:
  - Chapare virus are generally carried by rats and can be transmitted through direct contact with the infected rodent, its urine and droppings, or through contact with an infected person.
  - A disease vector is any agent which carries and transmits an infectious pathogen into another living organism.
- Symptoms of Chapare Hemorrhagic Fever (CHHF):
  - · Hemorrhagic fever much like Ebola.
    - Viral hemorrhagic fevers are a severe and life-threatening kind of illness that can affect multiple organs and damage the walls of blood vessels.
  - · Abdominal pain,
  - Vomiting,
  - · Bleeding gums,
  - Skin rash,
  - Pain behind the eyes.
- Transmission:
  - Virus can spread from person to person.
    - Chapare spreads only through direct contact with bodily fluids.
    - Sexually transmission:
      - Researchers also found fragments of <u>Ribonucleic acid (RNA)</u> associated with Chapare, in the semen of one survivor **168 days** after he was infected.

#### Diagnosis:

 Chapare virus is much more difficult to catch than the <u>coronavirus</u> as it is not transmissible via the respiratory route. Instead, Chapare spreads only through direct contact with bodily fluids.  New sequencing tools will help develop an RT-PCR test — much like the one used to diagnose <u>Covid-19</u> to help detect Chapare.

#### Treatment:

- Since there are **no specific drugs** to treat the disease, patients generally receive **supportive care** such as intravenous fluids.
  - **Intravenous therapy** is a medical technique that delivers a liquid directly into a person's vein. The intravenous route of administration is commonly used for rehydration solutions or to provide nutrition in those who cannot consume food or water by mouth.
- Maintenance of hydration.
- Management of shock through fluid resuscitation.
  - Fluid resuscitation is the medical practice of **replenishing bodily fluid** lost through sweating, bleeding, fluid shifts or other pathologic processes.
- Pain Relief Medicines
- Transfusions as the supportive therapy that can be administered on patients.

### People at Risk:

 The disease is also known to be most commonly transmitted in more tropical regions, particularly in certain parts of South America where the small-eared pygmy rice rat is commonly found.

## Mortality Rate:

- As there are very few cases on record, the mortality and risk factors associated with the illness are relatively unknown.
- In the first known outbreak, the only confirmed case was fatal. In the second outbreak in 2019, three out of five documented cases were fatal (case-fatality rate of 60%).

#### Recent Outbreak:

 The recent biggest outbreak of the 'Chapare virus' was reported in 2019, when three healthcare workers contracted the illness from two patients in the Bolivian capital of La Paz.

#### **Ebola Virus Disease**

- Ebola Virus Disease (EVD) or Ebola Hemorrhagic Fever (EHF), is a viral hemorrhagic fever of humans and other primates caused by ebolaviruses
- Transmission:
  - Fruit bats of the Pteropodidae family are natural Ebola virus hosts.
- Animal to human transmission:
  - Ebola is introduced into the human population through close contact with the blood, secretions, organs or other bodily fluids of infected animals such as fruit bats, chimpanzees, etc.

#### Human-to-human transmission:

- Ebola spreads via direct contact (through broken skin or mucous membranes) with:
- Blood or body fluids of a person who is sick with or has died from Ebola.
- Objects that have been contaminated with body fluids (like blood, feces, vomit) from a
  person sick with Ebola or the body of a person who died from Ebola.

#### Vaccines:

• An experimental Ebola vaccine, called **rVSV-ZEBOV** proved highly protective against EVD.

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