



“Trans Fat Free” Logo

In a letter sent out to food safety commissioners and food business operators, the food authority, [Food Safety and Standards Authority of India \(FSSAI\)](#) has stated that the **food establishments** which use [trans-fat](#) free fats/oils and do not have industrial **trans-fat more than 0.2 gms per 100 gm of the food can display ‘Trans Fat Free’ logo** in their outlets and on their food products.

- Since 2018, FSSAI has been pushing the industry to bring down the trans-fatty acids in Vanaspati, edible bakery shortenings, margarine in a phased manner.
- The trans fat content in fats and oils has already been limited to 5%. The regulator is working on further reducing the content to 3% by 2021 and 2% by 2022. The regulation, now, being extended to food products having fats and oils.
- The above commitments have been made after the [World Health Organisation](#) called for the elimination of industrially-produced trans fat from the food supply by 2023.

[Source: HBL](#)

PDF Refernece URL: <https://www.drishtias.com/printpdf/trans-fat-free-logo>

