



## Jharkhand won 18 Medals including 11 Gold in Strengthlifting

### Why in News?

On July 30, 2023, Jharkhand won a total of 18 medals including 11 gold, 6 silver and 1 bronze on the fourth day of the 33rd National Strengthlifting Championship held at Udaipur (Rajasthan).

### Key Points:

- In this championship, Shubham Kumar Sahu got the title of champion of champions in the junior category. In the 95 kg junior category, Ayush Kumar created a new national record and won the gold medal.
- In this championship Sneha Kumari won two gold, Sonia two gold, Ayush two gold, Neel Amrit two gold, Shubham two gold and Usman one gold; While Hima won two silver, Pooja, Saraswati, Mohammad Usman and Hameed won one silver each and Aarti got a bronze medal.
- While Jharkhand Secretary Ashok Kumar Gupta was honored with the 'National Referee'.
- It is noteworthy that about 800 players from 22 states across the country have participated in this championship.
- The championship was organized from July 27 to July 30, 2023 at Udaipur (Rajasthan).



