



Rising Dengue Cases in Jammu & Kashmir

Why in News?

The number of **dengue cases** has risen in **Jammu & Kashmir** and is currently experiencing a concerning increase in **dengue cases**, with officials confirming **934 cases** so far this year.

Key Points

- **Dengue** is a **mosquito-borne tropical disease** caused by the **dengue virus (Genus Flavivirus)**, transmitted by several species of **female mosquito** within the **genus Aedes**, principally [Aedes aegypti](#).
- The region has reported a steady rise in infections over the past week, with daily counts fluctuating between 19 to 83 cases.
- This upsurge in **dengue cases** comes as health authorities ramp up their efforts to manage the outbreak and educate the public on preventive measures.
- **Common symptoms of dengue include:**
 - Fever
 - Headache
 - Pain behind the eyes
 - Muscle, joint, or bone pain
 - Rash
 - Nausea and vomiting
- **Preventive Measures:**
 - Officials are urging people to take preventive steps to stop the spread of the disease because no dengue vaccine is available till now.
 - The Authority emphasized the importance of **eliminating mosquito breeding sites**, particularly **stagnant water**, and advised individuals to take personal precautions to avoid mosquito bites.
 - Using **mosquito repellents** and wearing long-sleeved clothing.
 - Using **mosquito nets** during daytime sleep and treating them with **insect repellents**.
 - Staying vigilant and monitoring for symptoms