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## Rising Dengue Cases in Jammu & Kashmir | Jammu & Kashmir | 24 Sep 2024

### Why in News?

The number of **dengue cases** has risen in **Jammu & Kashmir** and is currently experiencing a concerning increase in **dengue cases**, with officials confirming **934 cases** so far this year.

### Key Points

- **Dengue** is a **mosquito-borne tropical disease** caused by the **dengue virus (Genus Flavivirus)**, transmitted by several species of **female mosquito** within the **genus Aedes**, principally [Aedes aegypti](#).
- The region has reported a steady rise in infections over the past week, with daily counts fluctuating between 19 to 83 cases.
- This upsurge in **dengue cases** comes as health authorities ramp up their efforts to manage the outbreak and educate the public on preventive measures.
- **Common symptoms of dengue include:**
  - Fever
  - Headache
  - Pain behind the eyes
  - Muscle, joint, or bone pain
  - Rash
  - Nausea and vomiting
- **Preventive Measures:**
  - Officials are urging people to take preventive steps to stop the spread of the disease because no dengue vaccine is available till now.
  - The Authority emphasized the importance of **eliminating mosquito breeding sites**, particularly **stagnant water**, and advised individuals to take personal precautions to avoid mosquito bites.
  - Using **mosquito repellents** and wearing long-sleeved clothing.
  - Using **mosquito nets** during daytime sleep and treating them with **insect repellents**.
  - Staying vigilant and monitoring for symptoms