



# Jagar Lok Sanskriti Utsav

## Why in News?

Recently, government celebrated the state's rich folk culture at the **Jagar Lok Sanskriti Utsav**, and released the book **Uttarakhand ka Lok Putra Pritam Bharatwan** by **Sachidanand Semwal** and praised **Pritam Bharatwan as the brand ambassador of Uttarakhand's folk culture.**

## Key Points

- **Jagar Lok Sanskriti Utsav:** It is a festival celebrating the folk culture and traditions of Uttarakhand.
- **Jagar:** It is a Hindu form of **Shamanism** which is practiced in the hills of Uttarakhand, both in [Garhwal](#) and [Kumaon](#).
  - **Shamanism** is a global spiritual practice where a shaman enters altered states of consciousness to interact with the spirit world, heal, communicate with spirits, and guide souls.
  - As a ritual, Jagar is a way in which gods and local deities are woken from their dormant stage and asked for favors or remedies.
- **Pritam Bharatwan:** He is known for promoting the traditional culture and folk arts of Uttarakhand.
- **Restoration and Recognition Efforts by Government:**
  - Efforts are underway to restore traditional fairs to their original form and provide better platforms for artists.
  - Initiatives are being taken to gain recognition for the [Jagar singing style](#).
  - Preservation and publication of scripts related to folk art and culture are being promoted through the Guru-Shishya tradition and art galleries.

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## Divisions of Uttarakhand



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