

## **Equine Herpes Virus Outbreak in Europe**

## Why in News

Recently, there has been an outbreak of Equine Herpes Virus (EHV-1) among horses in Europe.

 So far seven countries have confirmed EHV-1 cases: Spain, Belgium, France, Germany, Italy, Sweden and Qatar.

## **Key Points**

- About Equine Herpes Virus (EHV):
  - Equine Herpes Virus is a common **DNA virus** that occurs in horse populations worldwide.
  - EHV is a family of viruses which are named by numbers such as EHV 1, 2, 3, 4 and 5.
    - There are more viruses in this family, but **EHV 1, 3, and 4 pose the most** serious health risks for domestic horses.
  - Health Risks:
    - EHV1 can cause manifestations of disease in horses, including respiratory disease, abortion and neonatal death.
    - This strain can also cause **neurological problems**, leading to **paralysis** and in some cases, **death**. Horses that contract this virus can develop a **lack of coordination**, **weakness**, **loss of appetite and are unable to stand**.
- Spread of EHV-1 Virus:
  - It is contagious and spread by direct horse-to-horse contact via the respiratory tract through nasal secretions.
  - This virus can **also be spread indirectly** through **contact with physical objects** that are contaminated with the virus.
- **Equine Herpesvirus Myeloencephalopathy (EHM)** is another name for the neurologic disease associated with Equine Herpes Virus (EHV) infections.
- Precautions and Treatment:
  - As the infection has a high transmission rate, **keeping a diseased horse in isolation** is required.
  - Treatments may include anti-inflammatory drugs.

## Source:IE