



# Stop Diarrhoea Drive

## Why in News?

The Uttar Pradesh health department is going to launch the '**Stop [Diarrhoea](#)**' campaign on **July 1, 2024**.

## Key Points

- The risk of **viral, bacterial and parasitic infections** increases due to **accumulation of contaminated water** during the rainy season.
- In such situations, children may suffer from diarrhoea which increases the problem of dehydration. It is **transmitted through contaminated food and water**.
- [ASHA workers](#) will go door-to-door and teach the method of making [ORS solutions](#) to the families of children suffering from diarrhoea.
- They will also give information about the benefits of using **ORS and zinc** as well as cleanliness and hygiene.
- Attention will be given to **vulnerable areas**, like urban slums, remote areas, nomads, families of labourers engaged in construction work, and families living in brick kilns.

## Diarrhoeal Disease

- Diarrhoea is defined as the **passage of three or more loose or liquid stools per day (or more frequent passage than is normal for the individual)**.
- The most severe threat posed by diarrhoea is dehydration.
  - During a diarrhoeal episode, **water and electrolytes (sodium, chloride, potassium and bicarbonate) are lost through liquid stools, vomit, sweat, urine and breathing**.
  - Dehydration occurs when these losses are not replaced.

PDF Reference URL: <https://www.drishtiias.com/printpdf/stop-diarrhoea-drive>