

## Jagar Lok Sanskriti Utsav

## Why in News?

Recently, government celebrated the state's rich folk culture at the Jagar Lok Sanskriti Utsav, and released the book *Uttarakhand ka Lok Putra* Pritam Bharatwan by Sachidanand Semwal and praised Pritam Bharatwan as the brand ambassador of Uttarakhand's folk culture.

## **Key Points**

- Jagar Lok Sanskriti Utsav: It is a festival celebrating the folk culture and traditions of Uttarakhand.
- Jagar: It is a Hindu form of Shamanism which is practiced in the hills of Uttarakhand, both in Garhwal and Kumaon.
  - Shamanism is a global spiritual practice where a shaman enters altered states of
    consciousness to interact with the spirit world, heal, communicate with spirits, and guide
    souls.
  - As a ritual, Jagar is a way in which gods and local deities are woken from their dormant stage and asked for favors or remedies.
- Pritam Bharatwan: He is known for promoting the traditional culture and folk arts of Uttarakhand.
- Restoration and Recognition Efforts by Government:
  - Efforts are underway to restore traditional fairs to their original form and provide better platforms for artists.
  - · Initiatives are being taken to gain recognition for the <u>lagar singing style</u>.
  - Preservation and publication of scripts related to folk art and culture are being promoted through the Guru-Shishya tradition and art galleries.

