

District Isolation Facilities for Mpox

Why in News?

Recently, The **Haryana health department** instructed all districts to be highly vigilant for <u>Mpox</u>. They stressed the significance of **educating healthcare workers and carrying out screening** of suspected measles cases.

Key Points

- The screening is to be conducted through focused surveillance for locations identified by the <u>National AIDS Control Organisation (NACO)</u> for men who have sex with men and female sex workers, as well as through hospital-based surveillance in dermatology clinics, STD clinics, medicine, and pediatrics outpatient departments.
- The department has advised all districts to identify isolation facilities and appoint nodal officers for effective patient management.
- All hospitals have been directed to remain alert, and if they encounter any suspected cases, they
 are to notify the integrated disease surveillance programme (IDSP) unit.
 - The incubation period for those infected is typically 7 to 14 days, but it can also range from 5 to 21 days, and the patient is usually contagious during this period.

Mpox

- Mpox, also known as monkeypox, is a <u>DNA virus</u>. It belongs to the *family Poxviridae*, which consists of large, **double-stranded DNA** viruses.
 - The virus was first identified in monkeys in 1958 but has since been found to infect humans as well.
- **Transmission**: Mpox is primarily transmitted to humans **from animals**, particularly **rodents and primates**, through direct contact or through contaminated objects.
- **Symptoms:** Mpox infection in humans typically presents with **fever, headache, muscle aches,** and a characteristic rash that progresses from macules to papules to vesicles and pustules.
- Vaccination: While a vaccine for mpox exists, its availability and effectiveness are limited, highlighting the need for improved prevention and control measures.

The National AIDS Control Organisation (NACO)

- It is a division of the Ministry of Health and Family Welfare that provides leadership to HIV/AIDS control programme in India through 35 HIV/AIDS Prevention and Control Societies.
- NACO has played a very big role in significantly reducing the prevalence of HIV/AIDS in the country and that too faster than the global rates.

