



Ankur Dhama Won Gold Medal in 5000 Meter Race of Asian Para Games

Why In News?

Ankur Dhama of Baghpat district of Uttar Pradesh has won the gold medal in the 5000 meters (about 3.11 mi) race in the Asian Para Games on October 24, 2023.

Key Points:

- The Asian Para Games are being held in Hangzhou, China from October 22 to 28, 2023.
- Ankur Dhama had won two gold medals in the 2009 World Youth and Student Championships, and a silver and two bronze medals at the Asian Para Games in 2014.
- Ankur participated in the Para Olympics in 2016. However, I could not get a medal there. After this, in the year 2018, Ankur was awarded the Arjuna Award. He is the only para player among the six Arjuna Awardees of Baghpat.
- **Asian Para Games**
 - The Asian Para Games, also known as the Para Asia, is a multi-sport event regulated by the Asian Paralympic Committee, held every four years after each Asian Games for athletes with physical disabilities.
 - The Games are recognized by the International Paralympic Committee (IPC) and are the second largest multi-sport event after the Paralympic Games.



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