

WHO Declares Mpox a PHEIC

Source: IE

The <u>World Health Organization (WHO)</u> has declared <u>mpox</u> (monkeypox), a <u>Public Health</u> <u>Emergency of International Concern (PHEIC)</u> due to a significant upsurge in cases, particularly in the <u>Democratic Republic of Congo (DRC)</u> and neighbouring African countries.

- The disease has been detected in 10 African nations this year, with over 96% of cases located in the DRC. The emergence of a new virus strain, clade 1b, spreading mainly through sexual contact, is particularly concerning.
 - The risk assessment of another clade (Ia), which is spreading **mostly in children** through multiple modes of transmission, has also been considered to be high.
- The PHEIC designation is the highest level of alarm under International Health Regulations (IHR, 2005), reflecting the disease's potential to spread beyond Africa.
 - This is the second time in two years that mpox has been declared a global emergency.
- Mpox is a viral illness caused by the monkeypox virus, a species of the genus Orthopoxvirus. Two
 different clades exist: clade I and clade II.
- Symptoms: Skin rash or mucosal lesions which can last 2-4 weeks accompanied by fever, headache, muscle aches, back pain, low energy, and swollen lymph nodes.
- Transmission: It can be transmitted to humans through physical contact with someone who is infectious, with contaminated materials, or with infected animals.
- **Prevention:** Mpox can be prevented by avoiding physical contact with someone who has mpox. Vaccination, including the **JYNNEOS® vaccine**, can help protect those at risk.
- Treatment: Persons with mpox should be isolated. Several antivirals, such as tecovirimat, have been used to treat mpox, and further studies are underway

Read more: Mpox Virus

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