



Odissi

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Odissi (Odisha)

- ▶ Based on: **Natya Shastra and Abhinaya Darpana.**
- ▶ Representation: **Graceful, Sensual and Beautiful.**
- ▶ Also Known as '**mobile sculpture**'.
- ▶ Examples of earliest Odissi dance: **Caves of Udayagiri-Khandagiri**
- ▶ Primarily practiced by: **Maharis.**
- ▶ Patronized by: **Jain king Kheravela.**
- ▶ Odissi dance is accompanied by **Hindustani classical music.**

Nartala

- ▶ Variant of Odissi.
- ▶ Practiced at the royal courts.
- Major subjects of performance**
- ▶ Incarnations of **Lord Vishnu**
- ▶ Verses of **Jayadeva's Gita Govinda**
- Two major postures**
- ▶ **Tribhanga:** The body is deflected at the neck, torso and the knees.
- ▶ **Chowk:** A position imitating a square.

Elements

- ▶ **Mangalacharan**
Beginning of dance.
Flower is offered to mother earth.
- ▶ **Batu Nritya**
It has the Tribhanga and the Chowk postures.
- ▶ **Pallavi**
Prominent facial expressions.
Representation of dance and song.
- ▶ **Tharijham**
Pure dance before conclusion.

Two types of concluding items

- ▶ **Moksha:** Joyous movements signifying liberation.
- ▶ **Trikhanda majura:** Performer takes leave from the gods, audience and stage.

Costumes

- Elaborate hairstyle
- Silver Jewellery
- Long necklace.

Famous Proponents

- Guru Pankaj Charan Das
- Guru Kelu Charan Mohapatra
- Sonal Mansingh
- Sharon Lowen (US)
- Myrla Barvie (Argentina).

Instruments

Drum Pakhawaj Flute Sitar
Manjira (Cymbals)



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