



## Cognitive Test

Source: IE

- Recently, the US President is facing calls to take a **cognitive test** amid concerns over his fitness for the presidency.
- The **cognitive test** evaluates **mental function** and **how the brain processes thoughts** by **asking basic questions** and having **individuals perform simple tasks**.
  - **Cognition** is the brain's ability to process all the information it takes in from your senses.
- It identifies **cognitive deficits, their causes, and the affected brain regions**.
  - Based on the test results, a **diagnosis is made** of **cognitive impairment, dementia, or pseudo-dementia**, leading to interventions such as **behaviour and cognitive therapies**.
- It is recommended for people experiencing **memory deficits, perceived memory loss or forgetfulness, difficulty focusing or making judgments**.

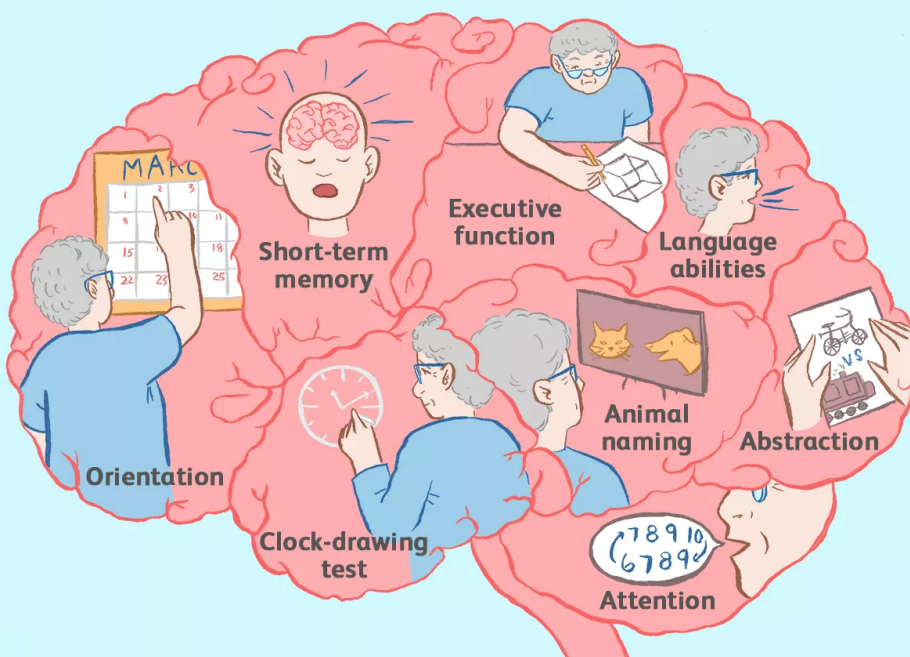
### Common Cognitive Screening Tests:

- **Montreal Cognitive Assessment (MoCA)** involves tasks like memorising words, naming objects, and copying shapes.
- **Mini-Mental State Exam (MMSE)** includes counting backwards, identifying objects, and stating the date.
- **Mini-Cog** requires memorising words, drawing a clock, and adding time points.

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## What Does the Montreal Cognitive Assessment Evaluate?

The MoCA assesses cognitive abilities, including:



[Read more...](#)

PDF Refernece URL: <https://www.drishtias.com/printpdf/cognitive-test>

