



# Eat Right Station Certification

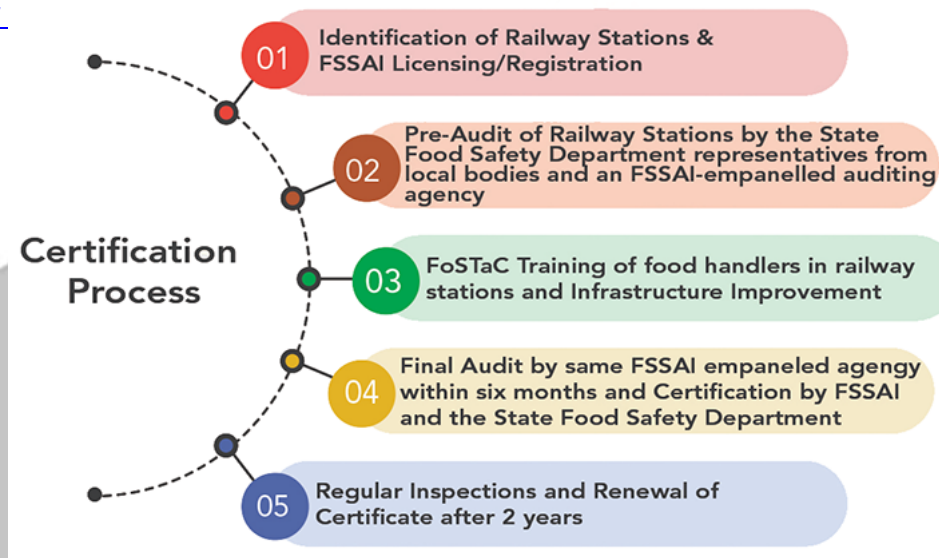
## Why in News

Recently, **Chandigarh Railway Station** has been awarded a **5- star Eat Right Station certification**. It is the **fifth station** in India to get this recognition.

- The other four stations are **Anand Vihar Terminal Railway Station** (Delhi), **Chhatrapati Shivaji Terminus** (Mumbai), **Mumbai Central Railway Station** (Mumbai) and **Vadodara Railway Station**. The certification is part of the **'Eat Right India' movement**.

## Key Points

- **About:** [//](#)



- The **'Eat Right Station'** certification is awarded by **Food Safety and Standards Authority of India (FSSAI)** to **railway stations that set benchmarks** (As per the Food Safety and Standards Act, 2006) **in providing safe and wholesome food to passengers**.
  - FSSAI is an **autonomous statutory body** established under the **Food Safety and Standards Act, 2006**.
- The station is awarded a **certificate upon a conclusion of an FSSAI-empowered third-party audit agency** with ratings from **1 to 5**.
- **Eat Right Movement:**
  - An **initiative of FSSAI** to transform the country's food system in order to ensure safe, healthy and sustainable food for all Indians. Its tagline is **'Sahi Bhojan, Behtar Jeevan'**.
  - It is aligned to the **National Health Policy 2017** with its focus on preventive and promotive healthcare and flagship programmes like **Ayushman Bharat**, **POSHAN Abhiyaan**, **Anaemia Mukt Bharat** and **Swachh Bharat Mission**.

- It adopts a **judicious mix of regulatory, capacity building, collaborative, and empowerment approaches** to ensure food safety.

▪ **Related Initiatives:**

- **State Food Safety Index:**

- FSSAI has developed it to measure the performance of States on five parameters of food safety - Human Resources and Institutional Data, Compliance, Food Testing - Infrastructure and Surveillance, Training & Capacity Building and Consumer Empowerment.

- **Eat Right Awards:**

- Instituted by FSSAI to recognize the **contribution of food companies and individuals** to empower citizens to choose safe and healthy food options.

- [Eat Right Mela:](#)

- Organised by FSSAI, it is an outreach activity for citizens to nudge them towards eating right.

**[Source: PIB](#)**

PDF Reference URL: <https://www.drishtiiias.com/printpdf/eat-right-station-certification>

