



Abbott Mountain's of Uttarakhand

Why in News?

Abbott Mountain can be found in the beautiful [Himalayan ranges](#) of Uttarakhand, in the town of Lohaghat in the Champawat district.

Key Points

- Abbott Mountain holds historical significance, named after **British surgeon Dr. James Abbott**, who served as the **Commissioner of Kumaon during the British Raj era**. His contributions to the development of the region are commemorated through this majestic peak.
- Apart from its natural beauty, Abbott Mountain also serves as a paradise for **adventure enthusiasts**.
- The region is home to a diverse array of flora and fauna, including rare Himalayan species such as **musk deer**, [Himalayan black bear](#), and a variety of bird species.



Indian Himalayan Region

- The IHR covers **ten states and four hill districts of India**, viz. Jammu & Kashmir, Uttarakhand, Himachal Pradesh, Sikkim, Arunachal Pradesh, Meghalaya, Manipur, Mizoram, Nagaland, Tripura, among the states and the hill districts of Dima Hasao, Karbi Anglong in Assam and Darjeeling,

Kalimpong in West Bengal.

- The uncontrolled demand-driven economic growth has led to haphazard urbanization, environmental degradation and increased risks and vulnerabilities, seriously compromising the unique values of Himalayan ecosystems.
- In addition to a focus on economic growth, the roadmap for sustainable development of the Indian Himalayas needs to be in sync with the relevant [Sustainable Development Goals \(SDGs\)](#).
- Therefore the development in the Himalayas must be fully embedded in the **environmental, socio-cultural and sacred tenets of the region.**

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