

# **World Rabies Day**

## Why in News?

**World Rabies Day** is observed every year on **28<sup>th</sup> September** to raise awareness about the **world's deadliest infectious disease** and **bring together partners** to enhance prevention and control efforts worldwide.

2022 marks the 16<sup>th</sup> World Rabies Day.

## What do we need to know about World Rabies Day?

- About:
  - 28<sup>th</sup> September marks the anniversary of Louis Pasteur's death, the French chemist and microbiologist, who developed the first rabies vaccine.
  - In 2007, the first World Rabies Day (WRD) was organised by the two founding partners namely:
    - Alliance for Rabies Control (ARC)
    - Centre for Disease Control and Prevention, Atlanta (CDC)
- Theme 2022: ///



- The theme of World Rabies Day 2022 is: "One Health, Zero Death".
- The theme will highlight the connection of the environment with both people and animals.

#### What do we know about Rabies?

- About:
  - Rabies is a vaccine-preventable, zoonotic, viral disease.
  - It is caused by a Ribonucleic Acid (RNA) virus that is present in the saliva of a rabid animal (dog, cat, monkey, etc).
  - It is invariably transmitted following a bite of an infected animal that leads to deposition of the saliva and the virus in the wound.
  - Once clinical symptoms appear, rabies is virtually 100% fatal. The death invariably occurs in four days to two weeks due to cardio-respiratory failure.
    - In up to 99% of cases, domestic dogs are responsible for rabies virus transmission to humans.
  - The incubation period varies from 2–3 months but may vary from 1 week to 1 year, or rarely even more.
- Treatment:
  - It is important to remove the virus from the wound as early as possible by immediately washing the wound with water and soap followed by application of

### antiseptics that reduce/eliminate chances of nerve infection.

 Rabies can be prevented by vaccinating pets, staying away from wildlife, and seeking medical care after potential exposures before symptoms start.

#### Symptoms:

- The first symptoms of rabies may be similar to flu and may last for a few days, which includes:
  - Fever, Headache, Nausea, Vomiting, Anxiety, Confusion, Hyperactivity, Difficulty swallowing, Excessive salivation, Hallucinations, Insomnia.
- India's Initiatives for Cure Against Rabies:
  - National Action Plan for Dog Mediated Rabies Elimination by 2030:
    - It is a multi-pronged strategy based on One Health Approach.
    - The concept of One Health recognizes that the health of people is **closely related** with the health of animals, plants and their shared environment.
      - In One Health approach, multiple sectors communicate and work together at the local, regional, national, and global levels with the goal of achieving optimal health outcomes.
    - Mission: To achieve zero human deaths due to dog-mediated Rabies by 2030.
    - Principles:
      - **Prevention:** Introduce **cost-effective public health intervention techniques** to improve accessibility, affordability, and availability of post-exposure prophylaxis to all people in need.
      - **Promotion:** Improve **understanding of rabies** through advocacy, awareness, education and operational research.
      - Partnership: Provide coordinated support for the anti-rables drive
        with the involvement of community, urban and rural civil society,
        government, private sectors and international partners.

**Source: TOI** 

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