



---

## Aastha of Lucknow Became a Strong Woman and Arya Became a Strong Man. | Uttar Pradesh | 20 Sep 2023

### Why In News?

According to information received from the media on September 19, 2023, Aastha Strong Woman and Arya Strong Man of Lucknow became the Senior National Powerlifting Championship held in Tata Nagar (Jamshedpur), Jharkhand.

### Key Points:

- Aastha Singh, a female member of the Uttar Pradesh team, performed brilliantly and won the title of Strong Woman, while Arya Singh achieved this feat among men and won the title of Strong Man.
- Nirale Khan of Uttar Pradesh was given the title of 'Strong Man of India' in the senior category and sub-junior category.
- It is known that the Senior and Sub Junior National Powerlifting Championship was organized between 9 to 12 September.
- In this championship, Uttar Pradesh captured the trophy by winning a total of 31 medals. This includes 15 gold, 10 silver and 6 bronze medals. In this, Mukul Chaurasia and Savita Singh of Lucknow won bronze medals.

//



---

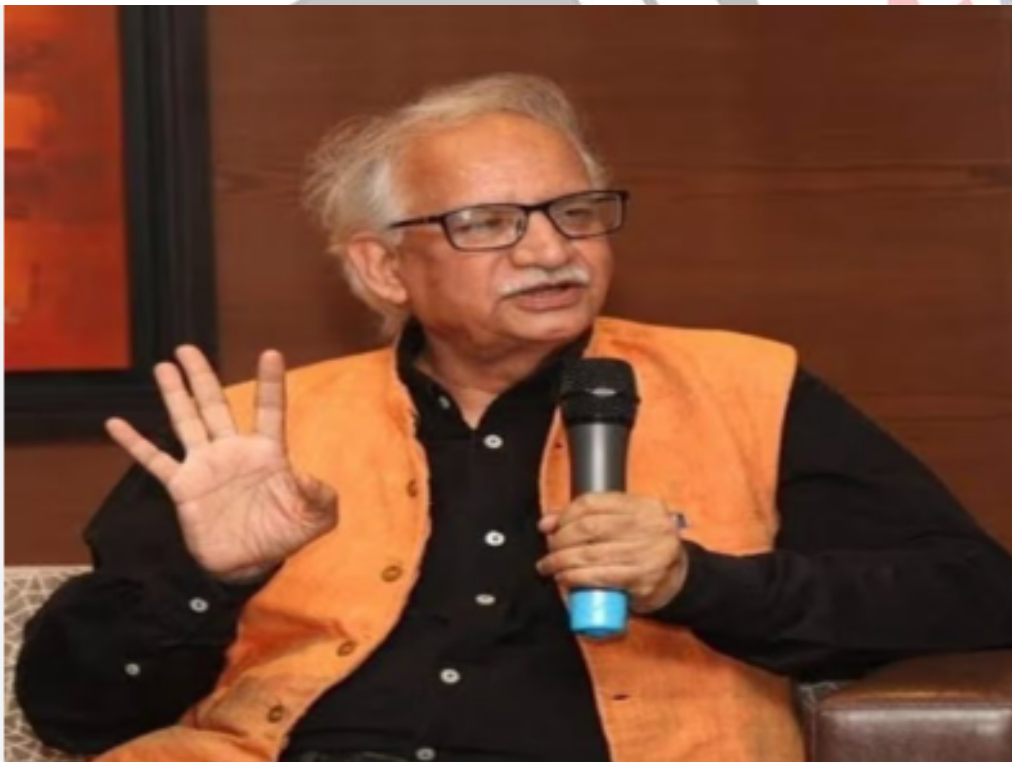
## Poet Arun Kamal will Receive 'Nirala Smriti Samman' | Uttar Pradesh | 20 Sep 2023

### Why In News?

According to the information received from the media on September 19, 2023, it has been announced that this year's 'Nirala Smriti Samman' will be given to contemporary poetry poet Arun Kamal.

### Key Points:

- Poet Arun Kamal will be given this honor during the Nirala Smriti event on October 15, on the death anniversary of the great poet Suryakant Tripathi 'Nirala'.
- This honor is given to the creator who is associated with the consciousness, ideology and creative tradition of the great poet Nirala.
- Vivek Nirala, president of the organization and great grandson of great poet Nirala, said that earlier this honor has been given to poet Rajesh Joshi and storyteller Chitra Mudgal.
- It is noteworthy that Suryakant Tripathi 'Nirala' (21 February, 1896-15 October 1961) is considered one of the main pillars of the Chhayavadi era of Hindi poetry. He has also written many stories, novels and essays but his fame is mainly due to poetry.
- He started his writing work around 1920 AD. His first composition was a song written on Janmabhoomi. 'Juhi Ki Kali', written by him in 1916 AD, was published in 1922 AD, which remained famous for a very long time.
- Some of his major poetry collections are Anamika (1923), Parimal (1930), Tulsidas (1939), Kukurmutta (1942), Geet Kunj (1954) etc.



## 20th National Book Fair will be organized in Lucknow | Uttar Pradesh | 20 Sep 2023

### Why In News?

According to information received from the media on September 19, 2023, the 20th National Book Fair will be held from September 22 to October 2 at Balrampur Garden, Lucknow.

### Key Points:

- The 11-day book festival will have various events like book launch, meeting authors, Kavi Sammelan, Mushaira, youth and children's programs.
- The 20th National Book Fair will be held on the theme of 'Gyan Kumbh', in which entry is free and a minimum 10 percent discount will be given on books.
- Organizer Manoj Chandel said that this book fair has made its place among the top 10 book fairs of the country.
- This year, many publishers and distributors of English, Hindi and Urdu languages along with government social and religious organizations from Delhi, Mumbai, Raipur, Noida, Ghaziabad, Prayagraj, Raipur, Gujarat, Rajasthan will participate in the fair.



PDF Refernece URL: <https://www.drishtias.com/statepcs/21-09-2023/uttar-pradesh/print>