

# Rajasthan Youth Festival-2023 | Rajasthan | 24 Jul 2023

#### Why in News?

On July 22, 2023, the Rajasthan Youth Festival-2023 being organized by the Rajasthan Youth Board in the presence of public representatives and officials in various districts of the state was inaugurated.

## **Key Points:**

- In the Rajasthan Youth Festival-2023, the participation of the youth is being seen in a big way. Block-level competitions are being organized in the first phase of the festival, which will continue till July 31.
- Rajasthan Youth Board President Sitaram Lamba informed that a large number of youth in the age group of 15 to 29 years are participating in this event.
- The objective of the event is to select the talents of the state and make them self-reliant and prepare them for excellent performance at the national and international levels by providing them with training and facilities.
- The purpose of this event is to conserve, promote and encourage the endangered and rare folk arts of the state.
- Various cultural competitions such as group folk singing, group folk dance, classical dance (Kathak, Bharatnatyam, Odissi, Manipuri, Kuchipudi), classical solo singing (Hindustani), drama, painting, extempore speech, slogan writing, poetry, classical instruments (harmonium, tabla, flute, guitar, sitar, mridang, veena) playing, photography etc. are being organized.
- At the same time, competitions related to Phad, Mandana, Graffiti, Ravanhattha, Khadtal, Morchang, Bhapang, Algoja, Rammat, Langa-Manganiyar, Puppet etc. are also being organized.
- Career guidance will also be given to the youth in the youth festivals along with the promotion of public welfare schemes of the state government.
- District-level cultural competitions will be organized from August 1 to August 10 under the festival.
  After that state-level competitions will be organized.





# Governor inaugurates ICON-2023 Conference on Epilepsy | Rajasthan | 24 Jul 2023

## Why in News?

On July 21, 2023, Rajasthan Governor Kalraj Mishra inaugurated the ECON-2023 conference jointly organised by the Indian Epilepsy Association and the Indian Epilepsy Society.

### **Key Points:**

- Speaking on the occasion, the Governor said that even in this scientific era, people are afraid of the symptoms of this disease and fall into the trap of exorcising the patient due to superstition, going to the Ojhas, etc.
- The Governor called for greater dissemination of awareness regarding the treatment of epilepsy as well as its relation. He said that epilepsy is no longer an incurable disease. If it is treated timely, then in 80 percent of the cases, patients' seizures stop and they can lead a normal life.
- By making lifestyle changes, following a natural lifestyle, adopting adequate sleep, regular yoga asanas, exercise, pranayama etc. and taking a balanced diet, then a person can avoid many diseases and live a physically healthy life.
- Dr. Sudhir Bhandari, Vice-Chancellor, Rajasthan University of Health and Medical Sciences, said that the advances made on the basis of new medical research have helped in making the life of epilepsy patients easier on the patient. Efforts should be made at various levels to reduce the cost of medicines and treatment of this disease.
- The Governor also released the 'Coffee Table Book' prepared on the occasion of the completion of 50 years of the Indian Epilepsy Association.



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