



Kuldeep Dandotia of Morena won Gold medal in Asian Pacific Power Lifting and Bench Press Championship | Madhya Pradesh | 29 Jun 2023

Why in News?

On June 27, 2023, Powerlifter Kuldeep Dandotia of Madhya Pradesh's Morena district won the gold medal in the ongoing Asian Pacific Power Lifting and Bench Press Championship in Hong Kong.

Key Points:

- In this competition going on in Hong Kong, Kuldeep Dandotia has won the gold medal representing India in the junior weight category.
- Kuldeep Dandotia won the gold medal in the three rounds of the 120 kg plus junior category by lifting 95 kg, 105 kg and 115 kg respectively at the Queen Elizabeth Stadium in Hong Kong, while South Africa's 107.5 kg and New Zealanders were second and third respectively with 107.5 kg weight.
- Kuldeep Dandotia, a power-lifting player from Deori village in Morena district, recently won a silver medal in the World Bench Press Championship competition in Sun City, South Africa from May 17 to 27.



