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Goat Milk | Madhya Pradesh | 17 Nov 2021

Why in News

Recently, Madhya Pradesh Animal Husbandry and Dairy Minister Prem Singh Patel launched goat milk sale in the state during the state level program of Barwani from **Tribal Pride Day**.

Key Points

- It is worth noting that goat's milk is rich in nutritious minerals. Being an excellent source of carbohydrates, proteins, fats, vitamins, calcium, magnesium, potassium, copper, zinc etc., it is helpful in increasing the body's immunity.
- In this, the fat particles are smaller than other milk, which is quickly and easily digested. Increases bone density by supplying 33% of the recommended daily value of calcium to the body.
- Goat's milk contains medium-grade fatty acids, but it does not get stored as fat in spite of giving more energy to the body. This keeps the weight under control. It is also helpful in treating intestinal disorders and coronary disease.
- Goat's milk controls bad cholesterol and blood pressure by increasing the level of good cholesterol in the body.
- Goat's milk being a metabolic agent can also metabolize copper and iron. It is also helpful in relieving digestion and constipation problems and bloating. The fats and triglycerides available in goat's milk brighten the human skin. Keeps skin soft and healthy. Vitamin-A present in it removes the pimples and acne of the face and enhances the complexion.
- Goat's milk protects against dengue by controlling platelets in the blood. Goat's milk is a good option for lactose intolerant people. Goat's milk is a good option for people who are allergic to milk sugar. Goat's milk mostly contains a protein called A&2 (Casein), which is not allergic and provides protection against colitis, irritability and intestinal syndrome etc. Goat's milk also prevents osteoporosis.

Mukhya Mantri Udyam Kranti Yojana | Madhya Pradesh | 17 Nov 2021

Why in News

In a meeting of the Council of Ministers held under the chairmanship of Chief Minister Shivraj Singh Chouhan on November 16, 2021, approval was given to start '**Mukhyamantri Udyami Kranti Yojana**' to connect the educated youth of the state with self-employment.

Key Points

- The benefit of this scheme will be available to the minimum 12th class pass youth of Madhya Pradesh between the age of 18 to 40 years.
- Under this scheme, projects ranging from one lakh to 50 lakh rupees for manufacturing units and one lakh to 25 lakh rupees for service units or retail business will be approved.
- Interest subsidy at the rate of three percent per annum and loan guarantee fee will be given to the beneficiary at the prevailing rate for a maximum of 7 years on the loan disbursed by the state government as financial assistance.
- The implementation of this scheme will be done through an online portal. Through this scheme, youth who want to set up industry, service or business will get loans at low interest rates through banks. Also, no collateral security will have to be given for bank loans.