

Fibroin-based Hydrogel for Insulin

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Why in News

Recently, Scientists at Jawaharlal Nehru Centre for Advanced Scientific Research (JNCASR), have developed an injectable silk fibroin-based hydrogel (or iSFH) for sustained insulin delivery in diabetic patients.

JNCASR is an autonomous research institute under the **Department of Science and** Technology.

Key Points

Diabetes:

- It results from inadequate production of insulin due to loss of beta cells (found in pancreas, make insulin) **or insulin resistance** within the body. Insulin helps glucose from food get into cells to be used for energy.
- The inadequate production of insulin does not convert glucose into energy which leads to an abrupt increase of blood glucose level.
- India is home to more than 70 million diabetes people, it is the second-highest in the world after China.

• Treatment:

The conventional and last resort of treatment involves **repeated subcutaneous insulin injections** to maintain the physiological glucose balance.

Subcutaneous means under the skin.

• Issues in Treatment:

The **multiple subcutaneous insulin** injections are associated with pain, local tissue necrosis (death of tissues), infection, nerve damage, and locally concentrated insulin amyloidosis responsible for inability to achieve physiological glucose balance.

Amyloidosis is a phenomenon that occurs when an abnormal protein, called amyloid, builds up in organs and interferes with their normal function.

- One of the Solutions: Controlled and sustained insulin delivery.
- iSFH: The injectable Silk Fibroin Hydrogel (iSFH) can ease insulin delivery in diabetic patients.
 - The iSFH has successfully delivered active insulin in rats.
 - The subcutaneous injection of insulin with-iSFH in diabetic rats formed an active depot under the skin from which insulin trickled out slowly and restored the physiological glucose balance for a prolonged period of 4 days.
 - The **porous form of iSFH** allowed the **encapsulation** of **recombinant** insulin (identical to human insulin) in its active form in diabetic rats.
 - It has proved to be an effective insulin delivery tool with excellent mechanical strength, biocompatibility, encapsulation, storage, and demonstration of its sustained delivery of active insulin in the diabetic animal.
 - The active encapsulation and delivery of insulin by iSFH may also have implications for the future development of formulations for oral insulin delivery.

Silk Fibroin

- Silk fibroins are the unique **proteins of silkworm fibers.**
- Researchers have found fibroin as the **promising resources of biotechnology and biomedical materials.**
- They have unique properties which include **biocompatibility (i.e. compatible with living tissue)**, **favorable oxygen permeability**, and **biodegradability**.
- The **degradation product also can be readily absorbed by the body** with minimal inflammatory reaction.

Hydrogel

A hydrogel is a three-dimensional network of **hydrophilic polymers** that can swell in water and hold a large amount of water while maintaining the structure due to chemical or physical cross-linking of individual polymer chains.

Source: PIB